

National 6 and 12 Stage Road Relays
Saturday 11th April 2026 – Sutton Park, Birmingham, England
Selection Policy published February 2026

Overview

Three male and three female Welsh clubs are allowed to compete in the National 6 and 12 Stage Road Relays. The trial for which Welsh clubs can compete in the National 6 and 12 Stage Road Relays will be the Welsh Road Relay Championships on Saturday 28th March in Parc Bryn Bach.

Selection Policy Aim

To select the best Welsh club teams to compete in the National 6 and 12 Stage Road Relays.

Club Eligibility

Clubs have to be registered to Welsh Athletics and athletes competing for the club have to be registered first claim with the club.

Competition Format

The female relay teams consist of 6 athletes and the male relay teams consist of 12 athletes. Clubs select athletes they wish to be part of the squad. Then on the competition day teams declare which athletes are racing and their leg order.

Selection Criteria

The Welsh Road Relay Championships in Parc Bryn Bach on Saturday 28th March will be used as the trial race.

For females, the fastest 6 leg times for athletes in a club (no matter whether the athlete is in a senior team or a masters team) will be added together. If an athlete competes in both the Senior and the Masters race, only their fastest leg time can be taken. The three clubs with the lowest combined time for their fastest 6 athletes will be selected.

For males, it is the same process as for females, but with the fastest 12 leg times added together.

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Appeals Process

There shall be no right of appeal to the team selected.

De-Selection Process

De-selection of a club team may occur following:

1. Failure for athletes within the club to adhere to the Welsh Athletics athlete code of conduct

Equal Opportunities

Welsh Athletics is committed to offering equal opportunities to all athletes in Wales. Any Welsh athletes registered first claim to the selected club team can compete. Welsh Athletics will not prevent any athlete from competing for their club team on the basis of any protected characteristics.

Amendment

Welsh Athletics reserves the right to amend this Selection Policy at its sole discretion and will make any amended version publicly available (including the date on which the amendment was made) at www.welshathletics.org